

Norway grants



Latvian Biomedical Research and Study Centre research and education in biomedicine from genes to human





NFI/R/2014/045

Cancer-derived extracellular vesicles: function and clinical applications in prostate cancer Coordinator: Dr. Aija Linē



Latvijas Biomedicīnas pētījumu un studiju centrs biomedicīnas pētījumi un izglītība no gēniem līdz cilvēkam





NFI/R/2014/051

Image-guided cancer gene therapy in combination with advanced chemotherapeutics Coordinator: Dr. Anna Zajakina

Cancer-derived extracellular vesicles: function and clinical applications in prostate cancer



Types of EVs:

- Exosomes
- ✓ Microvesicles
- Apoptotic bodies
- ✓ EVs are produced by many cell types
- EVs have been found in a variety of biofluids – blood, urine, saliva, milk etc.
- Mediate intercellular communication
- ✓ Increased in cancer patients

Cancer-derived EVs may serve as "liquid biopsies" and therapeutic targets





Objectives

To delineate the role of cancer-derived EVs in the progression of prostate cancer and to identify EVenclosed RNAs that can serve as potential therapeutic targets and/or prognostic biomarkers of prostate cancer.

Specific objectives:

- To characterise RNA content of EVs released by aggressive and indolent prostate cancer cells
- ✓ To study EV uptake mechanisms by recipient cells *in vitro*
- ✓ To study EV biodistribution and effects on tumour growth *in vivo*
- To establish prostate cancer biobank
- To analyse RNA biomarker candidates in biofluids of prostate cancer patients



Results

- Established a robust method for the isolation of EVs from cell culture media, patients' plasma and urine. Novelty – urinary EVs.
- Established a methodology for the characterisation of EVs based on electron microscopy, Western blotting and NTA analysis.
 - Acquired new data on the uptake mechanisms and functional effects in mesenchymal stem cells.
- Established a mouse model of prostate cancer for studying EV biodistribution.







Results

- Established two collections of clinical material from prostate cancer patients:
 - A retrospective cohort of ~200 PC, BPH and healthy controls

 follow up and clinical info for 4-6 years: prognostic value
 - A longitudinal cohort of 50 PC patients: dynamics of EV content



Performed RNA sequencing in two sample sets:

- Urinary EVs from patients with high vs low Gleason score and healthy controls: prognostic biomarker candidates
- Urinary and plasma EVs before and after surgery and tumour tissue from a PC patient: comparison of RNA content in plasma and urinary EVs

Outcomes: publications and MSc theses



Added value of collaboration and synergy with the Fellowship activity

- Research training and mobility of PhD students
- Advanced courses in animal research, bioinformatics etc. at Oslo University
- Hands on training in the isolation of EVs, NTA analysis, generation of xenograft tumour models etc.
- Exchange of knowledge and standardisation of protocols
- Combing expertise in different areas of research
- Increased visibility and potential leadership in the Baltic region in the area of EV-derived cancer biomarkers





Cancer-derived extracellular vesicles: function and clinical applications in prostate cancer



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